

# BLUE DWARF CURLED VATES

Kale

Heirloom 1863. Kale is so attractive it can be grown for its appearance alone. Finely curled blue-green leaves are carried on compact, 1' plants. Great fresh or cooked, either before or after a frost. Plant four plants per square foot.



## NOTES

### VARIETY INFO

**Botanical Name:** *Kale Brassica oleracea*

**Plant Dimensions:** Spread 12". Mature Height 12" - 16"

**Days to Maturity:** 55

**Zone:** 3-12

### SOWING & GROWING

**Sow Outside:** Starting in spring when soil temperature reaches at least 55°F. Sow 2-3 seeds every 12-18". Sow closer to harvest baby greens. Thin to the strongest seedling per space. Sow in midsummer for fall crops. Germination is slower at lower soil temperatures.

**Start Inside:** 4-6 weeks before last frost. Sow 2-3 seeds per cell/pot. Thin to the strongest seedling. Fertilize the seedlings every 7-10 days with a liquid or water-soluble fertilizer, diluted to ¼ of suggested measurement. Transplant a week or two before last frost. Space 12-18" apart. Sow in midsummer for fall crops.

**Days to Emerge:** 5–10 days

**Seed Depth:** ¼"

**Seed Spacing:** 1"

**Row Spacing:** 12"

### HARVESTING INFO

**Harvest:** Pick young leaves starting at 8-10".