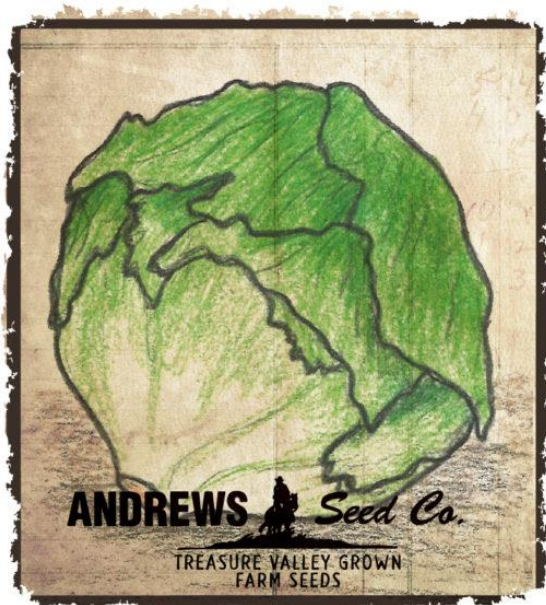


ICEBERG

Lettuce

Crisphead lettuce, more commonly known as iceberg, has a tight head of crisp leaves. Often found in the local salad bar and a virtual staple in the delicious BLT, it's one of the more difficult lettuce varieties to grow.



NOTES

VARIETY INFO

Botanical Name: *Lactuca sativa* 'Iceberg'

Plant Dimensions: 6" spread, 15" high

Days to Maturity: 85

Zone: 3-10

SOWING INFO

Sow Outside: Iceberg takes longer than most other lettuces to mature -- about 80 to 90 days, advises Harvest to Table. Plant seeds outdoors when soil temperatures warm to at least 35 degrees Fahrenheit. Sow seeds 1/4 to 1/2 inch deep and space plants 12 inches apart.

Start Inside: Sow a few lettuce seeds in each cell of a seed tray. Cover seeds very lightly with a fine starter soil.

Days to Emerge: 7 - 14 days

Seed Depth: 1/8"

Seed Spacing: 1"

Row Spacing: 12 to 18"

Thinning: Not necessary

GROWING INFO

Harvesting: Many varieties of lettuce can be harvested as microgreens, baby greens, leaves, or entire plant. Ideally, greens should be collected early in the day, before the onset of midday sun, to prevent wilting.

Fruit: 4-6"