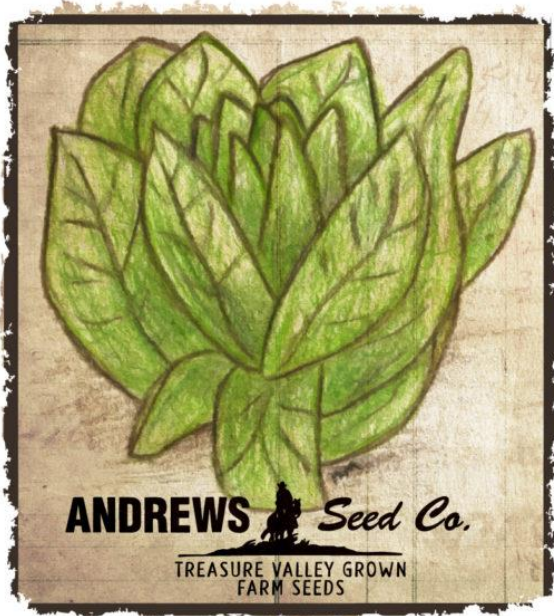


PARIS ISLAND COS (ROMAINE)

Lettuce

Variety Information: Upright growth with medium green, slightly savoyed (crinkled) leaves, crisp ribs, and buttery-green heart. 'Parris Island Cos' is a romaine-type lettuce developed around 1950 by Clemson University, and named after Parris Island in South Carolina.



NOTES

VARIETY INFO

Botanical Name: *Lactuca Sativa*

Plant Dimensions: 10"–12" tall, 8"–10" wide.

Days to Maturity: 65 - 70

Zone: 2-11

SOWING INFO

Sow Outside: RECOMMENDED. 2 to 4 weeks before your average last frost date, and when soil temperature is at least 40°F, ideally 60°–70°F. Successive Sowings: Every 3 weeks until 4 to 6 weeks before your average first fall frost date. Mild Climates: Sow in fall and winter for cool season harvests.

Start Inside: 4 to 6 weeks before your average last frost date, and in summer when soil temperatures are too warm (above 80°F) to germinate lettuce seed.

Days to Emerge: "10 days"

Seed Depth: 1/8"

Seed Spacing: ≥5

Row Spacing: 25'

Thinning: Not necessary

GROWING INFO

Harvesting: Harvest in the morning, by cutting off at ground level. If regrowth is desired, cut the leaves higher, at 2". For a continual supply, outer, individual leaves can be harvested at any stage of maturity, but leave at least half of the plant for regrowth.

Fruit: Parris Island forms huge heads up to 30cm (12") tall, but even at this crazy size, the leaves are tender and succulent, with mild flavor.