RED SALAD BOWL

Lettuce

Red Salad Bowl is a variety of looseleaf lettuce with oakleaf type leaves. The deep red and purple leaves are especially tender, with sweet and spicy tones. Red Salad Bowl is best grown during the cooler portions of the growing season in spring or fall, though it is slow to bolt in warmer conditions.



NOTES

VARIETY INFO

Botanical Name: *Lactuca* "Red Salad Bowl" Plant Dimensions: Mature Spread6 - 6 IN. Mature Height9 - 15 IN. Fruit Size4 - 6 IN. Days to Maturity: 50 to 60 Zone: 2-11

SOWING INFO

Sow Outside: For direct seeding, seeds germinate at low soil temperatures (40°F), but poorly above 75°F. Sow seeds 2-3" apart, rows 12–18" apart. Cover seed lightly, about 1/8", and firm soil gently. Thin to one plant every 10–12".

Start Inside: For transplanting, sow 2-3 seeds per cell, 1/4" deep, 3-4 weeks before transplanting outdoors. Do not let soil above 70F while germinating so keep out of sun and a cool, dark location. Harden seedlings by reducing water and temperature for 2–3 days before planting outdoors.

Days to Emerge: 7-14 Days Seed Depth: 1"

Seed Spacing: 12 "

Row Spacing: 6"-12"

Thinning: Thin to one plant every 10–12".

GROWING INFO

Harvesting: For heads of lettuce, cut the plant at the soil line to harvest it. For leaf lettuces, you can harvest the entire plant or only the outer leaves as needed. Harvest in the morning. Store in cool, dark and high humidity location for up to 2-3 weeks.